

Gigi Kroll, MD ♦ Zhanna M. Pinkus, MD ♦ Marie Sharpe, MD

180 Newport Center Drive, Suite 265, Newport Beach, CA 92660

T 949 706 0181 F 949 706 7187

www.newportcenterwomenshealth.com

PREGNANCY CALENDAR OF EVENTS

First Visit (8 – 10 weeks): Confirm Fetal Viability and dates (Ultrasound)
Prenatal Labs
Maternal Carrier Testing (optional)
Fetal Genetic Testing (optional/after 10 weeks) - NIPT

****Please have all labs drawn prior to next visit, unless otherwise instructed, to review at next office visit**

11 – 13 weeks: Pap smear (if due) with physical exam
Ultrasound with Fetal Heart Tones and Nuchal Translucency
First Trimester Screen (optional- includes same day blood draw if doing California State option at 11-13 weeks, instead of NIPT)

15 – 20 weeks: Second Trimester Screen (optional) (blood draw)
Genetic amniocentesis (if applicable)

18 –20 weeks: Ultrasound and Fetal Anatomical Survey

24 – 28 weeks: Glucose test/H&H test/Antibody Screen (lab)
Rhogam injection (for Rh neg patients only)
Preregister at Hoag (949) 764-8424
3D Ultrasound (see handout) (optional)
Determine Pediatrician
Sign up for free Cord Blood Banking info webinar (optional)

27 – 36 weeks: Get Tdap Vaccine

36 – 38 weeks: GBS (Group Beta Strep) culture
Ultrasound for Estimated Fetal Weight
Labor talk: please bring questions and labor coach

37 weeks on: Weekly cervical checks

41 – 42 weeks: Bi-weekly Non-stress tests with amniotic fluid scan (if applicable)

2-week Incision Check For cesarean section patients only

6-week After Delivery Post Partum visit with physical exam and determine form of contraception