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[www.newportcenterwomenshealth.com](http://www.newportcenterwomenshealth.com)

## PREGNANCY CALENDAR OF EVENTS

First Visit (8 – 10 weeks):  
Confirm Fetal Viability and dates (Ultrasound)  
Prenatal Labs  
Maternal Carrier Testing (optional)  
Fetal Genetic Testing (optional/after 10 weeks) - NIPT

**\*\*Please have all labs drawn prior to next visit, unless otherwise instructed, to review at next office visit**

11 – 13 weeks:  
Pap smear (if due) with physical exam  
Ultrasound with Fetal Heart Tones and Nuchal Translucency  
First Trimester Screen (optional- includes same day blood draw if doing California State option at 11-13 weeks, instead of NIPT)

15 – 20 weeks:  
Second Trimester Screen (optional) (blood draw)  
Genetic amniocentesis (if applicable)

18 –20 weeks:  
Ultrasound and Fetal Anatomical Survey

24 – 28 weeks:  
Glucose test/H&H test/Antibody Screen (lab)  
Rhogam injection (for Rh neg patients only)  
Preregister at Hoag (949) 764-8424  
3D Ultrasound (see handout) (optional)  
Determine Pediatrician  
Sign up for free Cord Blood Banking info webinar (optional)

27 – 36 weeks:  
Get Tdap Vaccine

36 – 38 weeks:  
GBS (Group Beta Strep) culture  
Ultrasound for Estimated Fetal Weight  
Labor talk: please bring questions and labor coach

37 weeks on:  
Weekly cervical checks

41 – 42 weeks:  
Bi-weekly Non-stress tests with amniotic fluid scan (if applicable)

2-week Incision Check  
For cesarean section patients only

6-week After Delivery  
Post Partum visit with physical exam and determine form of contraception