

# Gigi Kroll, MD ♦ Zhanna M. Pinkus, MD

180 Newport Center Drive, Suite 265, Newport Beach, CA 92660

T 949 706 0181 F 949 706 7187

www.newportcenterwomenshealth.com

## MonaLisa Touch Treatment Informed Consent

I request and authorize Dr. \_\_\_\_\_ to perform a procedure on me using the MonaLisa Touch laser.

Therapy using the Mona Lisa Touch laser is an appropriate treatment for vaginal symptoms due to menopause.

The laser produces small columns of damage in the soft tissue of the vaginal walls. These columns help stimulate new collagen production which helps promote mucosal revitalization and improved vaginal vascular health.

The nature and effects of the procedure, the results, as well as alternative methods of treatment have been fully explained to me by the physician or designated person and I understand them.

I have been thoroughly and completely advised regarding the end point of the procedure. I understand that the practice of medicine and surgery is not an exact science and no results have been guaranteed. I acknowledge that the operative result may not meet my expectations. I certify that no guarantees have been made by anyone regarding the procedure(s) that I have requested and authorized.

All persons in the treatment room, including myself, will wear protective eyewear to prevent eye damage. I understand the procedure is comfortably tolerated without sedation or anesthesia, although a topical numbing cream may be offered to me to aid in the comfort of the probe insertion. The treatment takes about 5 minutes to complete. The known associated side effects following this procedure may include vaginal spotting, mild vaginal bleeding, pink or brown vaginal discharge, mild to profuse watery vaginal discharge, irrigation, burning upon urination, and discomfort.

I should refrain from strenuous exercise and sexual activity for 2 days after the procedure.

I have read and understand all information presented to me before signing this consent. I have also been given the opportunity to ask questions and understand the information provided.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

(Patient or person authorized to consent for the patient)

**Witness:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Physician:** \_\_\_\_\_ **Date:** \_\_\_\_\_